

Cities and towns across Wisconsin are hosting the first ever Community Fitness Challenge! The "Be Active Wisconsin" Community Challenge invites all community members to participate in a virtual challenge to promote active lifestyles, connect people to the outdoors by encouraging use of our parks/trail systems, and engage Wisconsin communities in a friendly competition!

Competition runs March 1-March 31, Residents of each town will participate as one team to win, all active minutes count (not just running or walking). While there is a personal goal of 200 minutes a week to help motivate and to give you a goal to strive for, there are no requirements and no awards given for personal goals so that you can customize it based on your needs

Participants will log their minutes weekly via a google docs link. The link to the form will be emailed to all registered participants on March 1. Updates on Allouez's progress will be released weekly through our social media channels (Facebook and Twitter).

Fee: \$10 per person

*Registration fee cover cost of challenge T-Shirt.

**Registration deadline March 14

Ages: 2 and up

Registration:

– Online at: https://allouez.recdesk.com/

- In Person: Allouez Village Hall (1900 Libal St.)

COMMUNITY FITNESS CHALLENGE

MARCH 1 - 31, 2021

- 1. COMPETE AS ONE TEAM WITH YOUR CITY
- 2. ACHIEVE THE MOST ACTIVE MINUTES
- 3. WIN THE TITLE OF "FITTEST COMMUNITY"

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REGISTER IN YOUR CITY • RECEIVE A T-SHIRT POST PICTURES ON SOCIAL MEDIA USING THE HASHTAG #BEACTIVEWI