



Green Isle Fitness Zone is Now Open

The new fitness equipment at Green Isle Park has been installed and is now open for use. The Green Isle Fitness Zone is located within Green Isle Park at 900 Greene Avenue in Allouez. It is conveniently located along the trail loop on the east side of the park for those exercise enthusiasts to be able to get a full workout in whether it is alone or with friends.

The Fitness Zone has ten exercise stations including double chest press, double lat pulldown, double leg press, sit up bench, double dip, chin up bars, rowing machine, push up bar, ski machine, and a sky walker. Each station has user instructions attached explaining proper operation as well as the targeted muscle group. This fitness equipment will be enjoyed by the community for many years to come.

